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Los Establos Tour



Duration: 1 Hour **Difficulty Level:** Easy

What to bring: Comfortable clothing, sandals or tennis shoes, binoculars, camera, sunscreen lotion and insect repellent.

Our stables are home to a wide variety of gentle horses from all over the world. The stables boast a Saddle Room with a collection of handcrafted saddles made by local artisans.

It also has a birthing room where we welcome new members of our equine family, and showers where the horses are bathed. We welcome guests to visit the stables, see facilities, and of course, meet our horses.

- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.

- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.



El Picadero



Duration: 1-2 Hours **Difficulty Level:** Easy

What to bring: Comfortable clothing, sandals or tennis shoes, binoculars, camera, sunscreen lotion and insect repellent.

Our enclosed riding ring is an idyllic location for horse shows, demonstrations, and riding lessons.

Our "caballistas" offer lessons for the beginner who wants to learn how to ride in an enclosed environment and the rider that wants to hone his or her horsemanship and learn how to trot, canter, and gallop.

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Trail Rides



Duration: 1.5 to 3 hours, depending on the trail

Difficulty Level: Easy

What to bring: Comfortable clothing, sandals or tennis shoes, binoculars, camera, sunscreen lotion and insect repellent.

The Hacienda is home to multiple "fincas" each with their own unique characteristics. The various trail rides take you through different, but all very scenic parts of the hacienda for you to enjoy.

Our trail rides start at Los Establos where you will be introduced to your horse and your "caballista" followed by a brief introduction on safe riding.

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Ultralight Flights



Duration: Either 30 minutes or 1 hour flying time

Difficulty Level: Hard

What to bring: Comfortable clothing, sandals or tennis shoes, camera, sunscreen lotion and insect repellent.

Take an adventure of a lifetime as you climb aboard one of our Ultralight aircraft that takes off from a private airstrip.

Enjoy the scenic aerial tour of a pineapple plantation, rainforest, waterfalls, San Isidro del General Valley and the Pacific Ocean.

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Mountain Bike Tour



Duration: 1 to 2.5 hours, depending on the trail

Difficulty Level: Hard

What to bring: Comfortable clothing, sandals or tennis shoes, camera, sunscreen lotion and insect repellent.

Access the Hacienda's lush unpaved trails on a mountain bike. Whether you are new to the sport or looking for an easy cruise, our trails have something for everyone from moderate to a more adventurous and adrenaline filled ride!

Our guide will surely take your riding to the next level.

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Canopy Tour



Duration: 4 Hours

Includes: A travel time of 1 hour each way, private guide and private transportation.

Difficulty Level: Hard

What to bring: Comfortable clothing, sandals or tennis shoes, camera, sunscreen lotion and insect repellent.

Zip through the beautiful cloud forest of the Valle del General, Talamanca mountains and Cerro de la Muerte.

This adventure is a combination of nature walk, bird watching and zip lining!

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White Water Rafting



Duration: 6 Hours

Includes: A travel time of 1.5 hours each way, a travel time of 1.5 hours each way.

Difficulty Level: Hard

What to bring: Comfortable clothing, sandals or tennis shoes, camera, sunscreen lotion and insect repellent.

Experience the breathtaking rapids and beauty of the cleanest river of Costa Rica - Rio Savegre.

The adventure will raft you through waterfalls and primary rainforest - home to many water birds, monkeys and iguanas.

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Los Cusingos



Duration: 3 Hours

Includes: A travel time of 30 minutes each way, private guide and private transportation.

Difficulty Level: Medium

What to bring: Comfortable clothing, sandals or tennis shoes, binoculars, camera, sunscreen lotion and insect repellent.

Los Cusingos Wildlife Refuge was the home of the late Dr Alexander Skutch, a renowned ornithologist, botanist and author.

Walk through the nature trails and discover the distinct and diverse flora and fauna of Costa Rica as well as pre-Columbian petroglyphs. The refuge is surrounded by wet forest and the waters of the river Rio Frio.

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La Feria del Agricultor



Duration: 3 Hours

Includes: A travel time of 45 minutes each way, private guide and private transportation.

Difficulty Level: Easy

What to bring: Comfortable clothing, sandals or tennis shoes, camera, sunscreen lotion and insect repellent.

La Feria del Agricultor de San Isidro or the San Isidro farmer's market is a weekly event that locals and residents look forward to Perez Zeledon farmers gather at the San Isidro del General market and bring their the freshest fruits of their harvests.

Available on Thursdays and Fridays only.

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Taller de Queso



Duration: 5 Hours

Includes: A travel time of 1 hour each way, private guide and private transportation.

Difficulty Level: Easy

What to bring: Comfortable clothing, sandals or tennis shoes, camera, sunscreen lotion and insect repellent.

Don Wilberth welcomes us to their family's sustainable home farm and introduces us to the process of making authentic Swiss cheese. Be ready to get your hands dirty in the cheese making process and for a truly memorable cheese tasting experience.

The cheese you make will need to mature for a minimum of three months, and the resort can arrange to send it to your home when it's ready! If you don't want to wait that long, you can also hand pick some cheeses from Don Wilberth's personal collection.

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Chocolate Tour



Duration: 5 Hours

Includes: A travel time of 1 hour each way, private guide and private transportation.

Difficulty Level: Easy

What to bring: Comfortable clothing, sandals or tennis shoes and camera.

Costa Rica is world-renowned for its cocoa beans. Experience the transformation of freshly roasted organic cocoa beans to a chocolate bar, bonbons, truffles and more.

Bring home a delicious souvenir that you made! Available on Tuesdays, Thursdays and Saturdays only.

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Café Cedral Coffee Tour



Duration: 2.5 hours

Includes: Transportation and bilingual guide

Difficulty Level: Easy

What to bring: Hiking shoes, sunscreen, comfortable clothes and camera.

This adventure is a must. Visit the proud community of Cedral, a small town in the high mountains that stand at the Talamanca Range. In our horses, you can take stunning photographs while riding through the unpaved roads that cross this beautiful and amicable community with spectacular views of Chirripó National Park and the Cedral River.

Once you arrive at the micromill, members of the association will take you through the procedure in which our golden bean is processed, from seed germination until the grain is processed into a cup of pure and organic coffee. In this system, you will find small landowners who bring their collected coffee, later involved in the process of planting, harvesting and packaging, to finally selling their own organic coffee, produced in an environmentally friendly way. Remember to bring cash. You will not be able to resist taking back one or two packets of this irresistible coffee.

This tour is a great opportunity to get to know another side of Costa Rica, in a natural way with its culture and rural traditions.

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La vida en La Granja



Duration: 4 Hours

Includes: 30 minutes horseback riding each way and private guide.

Difficulty Level: Easy

What to bring: Comfortable clothing, sandals or tennis shoes, binoculars, camera, sunscreen lotion and insect repellent.

Experience Costa Rican farm life. A short horseback ride from the Hacienda will take you to Don Nery's family farm where you'll get a glimpse into the variety of crops grown there - from sugarcane and coffee to plantains.

This is a hands-on farming experience where you will extract juice from sugar cane, milk the cow and make cheese, check the chicken coop for fresh eggs and meet other farm animals. During your visit you will get to enjoy various typical Costa Rican drinks made from sugarcane, fresh cow's milk and sample some homemade cheese.

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Experiencia Boruca



Duration: 7 Hours

Includes: A travel time of 1.5 hours each way, private guide and private transportation.

Difficulty Level: Easy

What to bring: Comfortable clothing, sandals or tennis shoes, camera, sunscreen lotion and insect repellent.

Meet the Boruca (also known as Brunca or Brunka) tribe, one of the last indigenous tribes of Costa Rica. They are known for their intricate handmade wooden masks.

We will take you beyond their masks to their village atop the Talamanca ridge to experience their rich culture, customs, traditions, crafts and enjoy a Borucan lunch by the waterfalls. Every year at midnight from December 30 until January 2, the Borucas celebrate the "Baile de los Diablitos," which depicts the battle between the Spanish and the native tribes. Visitors are welcome to join them for the festivities.

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