




Memorable
Costa Rica™

Nosara

Tours & Activities 2023

Index

Surfing Lessons - - - - -	3
Ostional Turtle Observation - - - - -	4
Mala Noche Waterfall Adventure Hike - - - - -	5
Horseback Ride Tour - - - - -	6
Stand Up Paddle Ocean - - - - -	7

Surfing Lessons



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$110	\$110	\$110	\$110

2 hours | Minimum 2 pax | Difficulty Level: Easy

Includes: Transportation, instructor and use of surfing equipment.

What to bring: Comfortable light clothes, sandals, swimsuit, towel, sunscreen.

Children Rate Policies: Rates for children apply from 5 to 10 years old.

During the theoretic part of our surf lessons we focus on water safety, which we consider essential. Also we go over the ethics of surfing, paddling techniques and techniques to duck under the wave. It is important that beginners have all this information before going to the water.

Once in the ocean it is time to have fun and apply the what you just learned. If you are an intermediate or advanced surfer we focus on improving your technique and of course help you have fun on bigger waves.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.

- Some tours require a specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.

Ostional Turtle Observation



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$103	\$103	\$103	\$103

Half Day Tour | Minimum 2 pax | Difficulty Level: Easy

Includes: Transportation, bilingual guide and fruits.

What to bring: Comfortable light clothes, hiking shoes, camera (no flash allowed!).

Children Rate Policies: Rates for children apply from 5 to 10 years old.

Notes: Available throughout the year.

This tour takes place at the beautiful Ostional Beach, which is internationally known as a wildlife sanctuary where thousands of olive ridley turtles come each year to nest.

In this place you can learn more about these beautiful creatures, and witness both the birth of the baby turtles as well as their arrival to nest at the beach (depending on the date). Take into account that the sighting of nesting turtles is usually at night and the birth is early in the morning.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.

- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.

Mala Noche Waterfall Adventure Hike



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$103	\$103	\$103	\$103

Half Day Tour | Minimum 2 pax | Difficulty Level: Medium

Includes: Transportation, bilingual guide and fruits.

What to bring: Comfortable clothes and shoes, sandals, swimsuit, towel, sunscreen, insect repellent, hat, camera.

Children Rate Policies: Rates for children apply from 5 to 10 years old.

The Mala Noche waterfall is known in Nosara for its beauty and easy access. You will enjoy a nice walk following the river on a property with a lush garden. The guide will give you information regarding medicinal and ornamental plants.

After a 45 minutes walk you arrive to the waterfall where you can cool off in fresh water, swim or just relax by the clear water. Explore around climbing the rocks to find a second and third smaller waterfalls. This activity is available during rainy season and the first three months of the dry season. Duration including transportation 3 hours.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.

- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.

Horseback Ride Tour



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$110	\$110	\$110	\$110

Half Day Tour | Minimum 2 pax | Difficulty Level: Medium

Includes: Transportation, bilingual guide and equipment.

What to bring: Comfortable clothes, closed shoes, sandals, swimsuit, sunscreen, extra clothes, towel.

Children Rate Policies: Rates for children apply from 7 to 11 years old.

Choose between riding a horse at the beach or the mountain. Beach tour is done along Playa Guiones, Playa Pelada and Nosara River Mouth. On the way you will experience different natural scenarios, looking at different types of flora and fauna.

On the mountain tour you follow trails on a cattle farm where cows and bulls walk freely on the Guanacaste pampa. You will also ride along Montaña river where you can experience nature up close, many species of flora and fauna.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.

- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.

Stand Up Paddle Ocean



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$137	\$137	\$137	\$137

3 hours | Minimum 2 pax | Difficulty Level: Easy

Includes: Transportation, bilingual guide and fruits.

What to bring: Comfortable clothes and shoes, sandals, swimsuit, towel, sunscreen, insect repellent, hat, camera.

Children Rate Policies: Available for children over 5 years old.

Notes: It is important to take into consideration that this activity only takes place at low tide and previous experience is required.

In the activity of Stand Up Paddle Surf we focus on water safety, which we consider essential, the ethics of surfing, rowing techniques and introduction to the Sup Surf for beginners, intermediate and advanced.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.

- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.




Memorable
Costa Rica™

USA Toll Free: 888 928-3688
reservations@memorabletravel.com